

**HOMEDICS®**

# Paraffin Wax System



**Instruction Manual**

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PAR-100-2EU

**2** year  
guarantee

READ ALL INSTRUCTIONS BEFORE USE.  
SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE.

## IMPORTANT SAFEGUARDS

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WHEN USING ELECTRICAL PRODUCTS, ESPECIALLY WHEN CHILDREN ARE PRESENT, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING THE FOLLOWING:

- ALWAYS unplug the appliance from the electrical outlet immediately after using and before cleaning. To disconnect, turn all controls to the 'OFF' position, then remove plug from outlet.
- NEVER leave an appliance unattended when plugged in. Unplug from the mains outlet when not in use and before putting on or taking off parts or attachments.
- Close supervision is necessary when this appliance is used by, on or near children, invalids or disabled persons.
- DO NOT reach for an appliance that has fallen in water or other liquids. Switch off at the mains and unplug it immediately. Keep dry – DO NOT operate in wet or moist conditions.
- NEVER insert pins or other metallic fasteners into the appliance.
- Use this appliance for the intended use as described in this booklet. DO NOT use attachments not recommended by HoMedics.
- NEVER operate the appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to the HoMedics Service Centre for examination and repair.
- Keep cord away from heated surfaces.
- Excessive use could lead to the product's excessive heating and shorter life. Should this occur, discontinue use and allow the unit to cool before operating.
- NEVER drop or insert any object into any opening.
- DO NOT operate where aerosol (spray) products are being used or where oxygen is being administered.
- DO NOT operate under a blanket or pillow. Excessive heating can occur and cause fire, electrocution or injury to persons.
- DO NOT carry this appliance by the cord or use cord as a handle.
- DO NOT use outdoors.
- DO NOT crush. Avoid sharp folds.
- This product requires a 230V AC power supply.
- DO NOT attempt to repair the appliance. There are no user serviceable parts. For service, send to a HoMedics Service Centre. All servicing of this appliance must be performed by authorised HoMedics service personnel only.

## SAFETY CAUTIONS:

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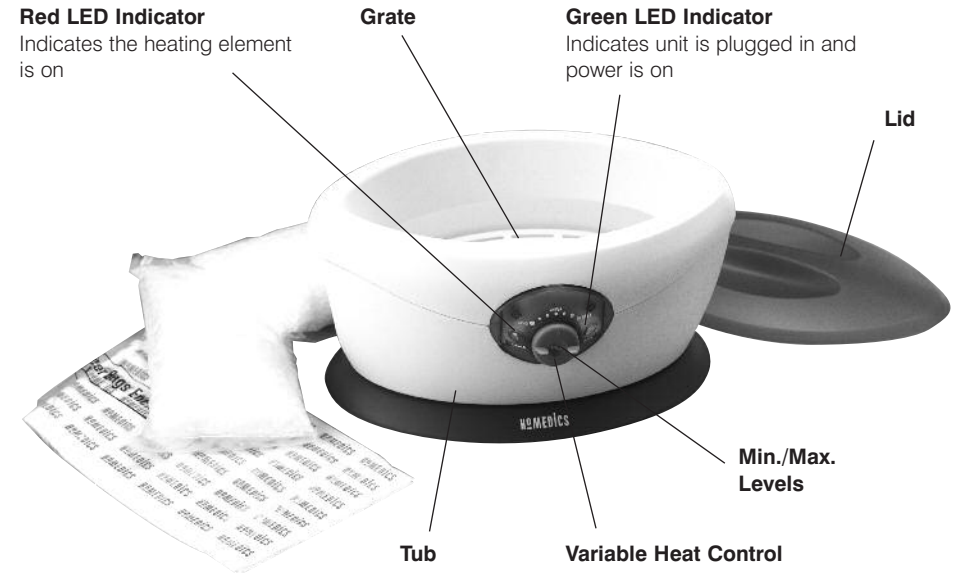
PLEASE READ THIS SECTION CAREFULLY BEFORE USING THE APPLIANCE.

- **If you have or have had any skin conditions, diseases and or health problems, you should consult your doctor before use.**
- Use bath only when seated. Do not stand on or in the tub unit.
- Do not apply paraffin wax on open cuts or wounds, warts, inflamed skin, or when the sensation of any extremities is decreased.

- Consult your physician if you have any questions or concerns about acute inflammation and peripheral vascular disease or decreased sensation of any extremity before using.
- Discontinue use and consult a physician if the paraffin wax feels too hot or if it does not feel warm enough. This may indicate a possible physical problem.
- Discontinue use and consult your physician if dermatitis, discomfort, irritation, or pain occurs from continued paraffin treatments.
- Test the paraffin wax on the inside of your wrist to make sure the temperature is comfortable.
- Do not overfill the unit and always keep the paraffin wax level about 2 inches from the top of the bath.
- Never operate the unit without paraffin wax.
- Do not heat paraffin wax in its plastic packaging, nor heat it over an open flame, on a range, stove or in a microwave.
- Do not pour the melted paraffin wax from the tub/unit.
- Unplug unit before filling with paraffin wax.
- Do not use accessories or wax not recommended or sold by HoMedics.
- If the supply cord is damaged, it must be replaced by HoMedics' Service Center.
- Do not put water into the tub/unit.

## PRODUCT FEATURES:

- Paraffin heat therapy seals in heat and contours to the afflicted area for the ultimate moist heat treatment.
- The Paraffin Wax System softens and smooths dry, cracked skin.
- Includes 3 lbs/1.6 kg of pure, hypoallergenic Paraffin Wax that does not contain scents or dyes to irritate sensitive skin.



3 x 500g Bags of Paraffin Wax



## INSTRUCTIONS FOR USE:

This unit is a thermostatically controlled unit. The unit can hold a maximum of 3.5 lbs. of paraffin wax for operation. The melting time is less than 12 hours and it is designed for continuous run at 24 hours per day.

### Important Note

This unit may feel very warm to sensitive skin. However, in order to fully experience the therapeutic benefits of paraffin heat therapy, the wax must be heated to a temperature between 50-55 degrees Celcius. This is the temperature utilized by the leading hospital brand paraffin bathes.

For proper application, quickly dip the body area (i.e. hand or elbow) into the melted paraffin wax and remove immediately. This should be repeated 6-10 times. Never soak in the wax for more than 1-2 seconds.

If you are very sensitive to heat or feel that this appliance may not be for you, please return this product to the place of purchase, **prior to use.**

## How to set up the paraffin bath

- Remove all contents from packaging and check to make sure you have all of the following components of the ParaSpa Mini paraffin bath:
  - Paraffin bath tub
  - Plastic lid
  - Plastic grate
  - Three 500g bags of Paraffin Wax
  - 30 plastic liners
- Place unit on a level and sturdy table or surface and remove the lid.
- Make sure Paraffin Wax System tub is empty before putting wax into tub.
- Open the bags of Paraffin Wax and place wax in the tub. Open only as many bags as you plan to use. The unit is designed to hold a maximum of 1.6 kg of paraffin wax and a minimum of 1 kg. See Fig.1 Always keep the level of paraffin wax filled to the "MIN" level marked on the inside of the tub.
- Plug the unit into a 230V AC power supply. The green LED light indicates when the unit is plugged in. The red light will turn on and off as the heating element works.
 

NOTE: Unit is automatically turned "on" when it is plugged in. If not used in 48 to 72 hours, turn dial down to "SOLID". If not used for weeks at a time unplug unit and store in a cool, dry place.
- Turn the dial to "MELT" to melt the paraffin wax. See Fig.2 The paraffin wax should melt in less than 12 hours, usually in under 4-5 hours. The red LED light indicates that the heater element is operating. Place the lid onto the top of the unit.
- Turn the dial to "WARM" after paraffin wax is completely melted. Remove the lid and place the grate into the wax and allow it to sink to the bottom of the tub. See Fig.3 Place the lid back onto the top of the unit. Wait about 1 hour for the paraffin wax to cool down to an ideal temperature before using. The Paraffin Wax System unit is designed to be used at room temperature. If the wax starts to solidify or flakes form on the top surface, turn dial clockwise(right) to increase the temperature.
 

NOTE: The room temperature can have an effect on the unit's performance. Therefore we always recommend testing the paraffin temperature on the inside of the wrist area before dipping your entire hand or elbow.

NOTE: NEVER dip your hand, foot or elbow into the paraffin bath while the unit is in "MELT" mode!

NOTE: Place the grate into the unit only when the paraffin wax is melted.



Figure 1

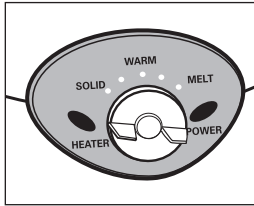


Figure 2

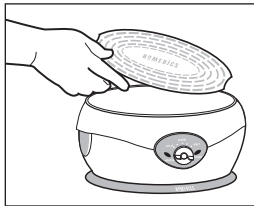


Figure 3



Figure 4

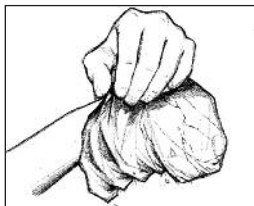


Figure 5

## How to use the paraffin treatment:

- Before immersing your hand or elbow test the paraffin wax on the inside of your wrist to make sure the temperature of the wax is comfortable. Remove all jewellery before dipping (i.e. rings, bracelets, watch).
 

NOTE: It is suggested you wash the area to be treated and apply lanolin-based hand lotion over the area before dipping it into the paraffin wax. This will allow the wax to be removed easier and will help moisturize the skin.
- Dip your hand or elbow into the melted paraffin wax and remove immediately. Wait a few seconds until the wax solidifies. Try to avoid moving your hand or elbow while wax is applied.
 

NOTE: Dipping process is quick. Do not leave hand or elbow in the tub. Do not soak. Dip quickly in and out.
- Repeat this step several times until several layers have formed, 6-10 coatings are suggested. If paraffin wax temperature is too hot or too cold, adjust the temperature accordingly. Turn the dial clockwise (right) to increase the paraffin wax temperature or anti-clockwise (left) to reduce the paraffin wax temperature.
- For longer heat treatment, place a plastic liner (provided) over the treated area and twist bag at opening. Keep paraffin wax and liner on treated area for 10-20 minutes for ultimate therapy. See Fig.4
 

NOTE: When using the paraffin bath with plastic liners on your feet, do not walk around! This may cause you to slip and fall.
- Peel off the wax from the treated area. If using a plastic liner, peel the plastic lining from the area being treated. Paraffin wax will peel off with liner. See Fig.5
- Discard used wax.
 

NOTE: If you are the only person using the ParaSpa Mini, the wax can be re-used, simply put it back into the tub to re-melt.

## MAINTENANCE:

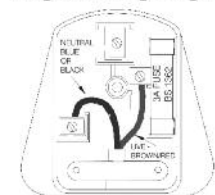
Periodically, the used portion of paraffin wax should be replaced and the unit should be cleaned.

- Unplug unit and remove grate. Allow paraffin wax to solidify overnight.
- Push on one end of paraffin wax block. This will tip it up. Lift the block out of the unit and dispose of it. DO NOT USE SHARP OBJECTS TO REMOVE THE PARAFFIN WAX BLOCK, THIS MAY SCRATCH OR DAMAGE THE TUB. If the paraffin wax does not remove easily, plug unit in and allow to heat for 10-15 minutes then remove the paraffin wax block and unplug the unit.
- Wipe the inside of the unit with a disposable towel to remove residual dirt and paraffin.
- With a damp, soapy cloth, wipe clean. DO NOT POUR WATER INTO THE UNIT, OR IMMERSE THE UNIT IN WATER.
- Store in a cool, dry place. When you are ready to re-use the Paraffin Wax System paraffin bath for the next heat treatment, repeat steps 2-7, "How to set up the paraffin bath unit". Then, follow steps 1-6, "How to use the paraffin treatment".

### Plug (MODEL PAR-100-0GB ONLY)

If the plug on this appliance is damaged, it can be replaced with a BS 1363 plug, fitted with a 3A BS 1362 fuse. Only use a 3amp fuse with this appliance. Care must be taken when changing the plug. If in doubt, contact a qualified electrician.

### Plug re-wiring diagram:



- Care must be taken when changing plug.
- If in doubt contact a qualified electrician.
- Please retain for future reference.

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